

Too Late to Participate? NOWAY!

You are right on time,
4Rs Action Heroes Recruit!
We need everyone to join in!
Do what you can to the best
of your ability!

20 ACTIONS 20 DAYS TO EARTH DAY 2020



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				APRIL	Recruit 3 Action 1. Chasing Rainbow Project! Draw a rainbow on reused paper and post on your window to show you care	Reduce 4 Action 2. Food Rescuer Challenge! Create a "Eat Me First" sign to put in your fridge to remind you to eat your food before it rots!
Reuse 5 Action 3. Make a Reuse Scrap Box to store usable scraps of paper for this project and beyond	Recycle 6 Action 4. Be a caring educated global citizen. www.recyclingrulesac.org has detailed information on your city's recycling programs	Rot 7 Action 5. Watch "The Adventures of Wiggle E. Worm" Draw, take a picture, or make a video sharing your favorite fruits or veggies	Respect 8 Action 6. Write an Earth Haiku To Show How Much You Love Her As She Needs Love Back -by Food Rescue Mama	Redesign 9 Action 7. Create a found object earth mandala with natural or human-made objects	Rethink 10 Action 8. Interview a family member and talk about what you need vs. what you want since you stopped going to school	Recover 11 Action 9. Food Rescuer Challenge! Transform your food leftovers into an extremely delicious new recipe
Recreate 12 Action 10. Take that old t-shirt that you can't donate right now, and make a fashion-forward reusable bag or a pet toy!	Reflect 13 Action 11. Find a place near a window or on a walk to listen for nature and human-made sounds. Take a moment to breath deep in then out. Repeat.	Research 14 Action 12. Research and read stories of earth heroes. Add to the research and share a story how you or someone you know is an earth hero!	Responsible 15 Action 13. Write Your Rep Look up your public official or representative to write & thank them for taking action now to protect the earth!	Resist 16 Action 14. Play No Waste Bingo! We all win when we resist consuming goods that are not caring for the earth.	Remake 17 Action 15. Remix a popular song and lyrics to inspire others to take care of the earth!	Retreat 18 Action 16. Play Nature Bingo at your window or on a walk! Take some time to enjoy the wonders of the earth.
Reconnect 19 Action 17. Reconnect with the Earth by virutally meeting your underground friends the worms with Wormologist - Treetop Trevor	Restore 20 Action 18. Talk with a friend or family member about how you do self-care and find connections on how when you self-care you care for the earth	Remember 21 Action 19. Remember all your actions that you have done and journal what you will remember most	Action 20. We are the (Re)Generation! Happy 50th Earth Day!	Celebrate with us in our virtual Earth Day! Keynote: Global Children's Climate Prize Winner Shreya Ramachandran; Virtual Earth Day Booths; How-Tos, Musical Performances Virtual "I Am The ReGeneration Collective Action Mural" and More!		

STOPWASTE