

Make an Action Hero Journal this year by saving each month's Earth Tips page!



Cut out each month's Earth Tips activity page and paste in on a sheet of binder paper. On the back, keep a journal of action steps you have taken to take good care of our planet. You'll be a real Action Hero!



I'm **Super Reducer!** I show people how to use less stuff!

I'm **Rot Girl!** I show you how to compost food scraps, yard waste and food-soiled paper!



I remind you to recycle stuff you no longer need, instead of trashing it. I'm **The Recycler!**

I'm **Professor Reuse!** I show people how to reuse things rather than getting new stuff!!



STOPWASTE  
at home • at work • at school

# (Re)Think Halloween

This Halloween you can take action to help the environment and design a creative costume at the same time!

## Creative Costume

Halloween will be here soon. It's always fun to get dressed up in a costume for Halloween. Instead of buying a new costume (that you will probably only wear once), look through your closet and stuff you are going to put in the recycle bin for items to create a new and unique costume!



Look at the items here. Could you use some of them to create a cool robot Halloween costume? Maybe a witch? Or how about a super hero?



Draw your costume design in the box below.

Remember to recycle what is possible when you are done with your costume.

## Clothing Costs to the Planet

Did you know that clothing pollutes?



Garbologists like **Professor Reuse** discovered that inexpensive, trendy clothing sold in stores around the world is often only worn for a short time and then tossed out. **Our environment really pays the price!**

- 10% of the world's carbon emissions come from clothing production.
- It takes about 700 gallons of water to produce one cotton shirt.



**It takes about 2,000 gallons of water to produce a pair of jeans.**

- Textile dyeing is the world's second-largest polluter of water, since the water leftover from the dyeing process is often dumped into ditches, streams, or rivers.
- A 2017 report estimates that 35% of all **microplastics** in the ocean — very small pieces of plastic that never biodegrade — came from the laundering of synthetic textiles like polyester.

### Be an Action Hero!

(Re)think the clothes in your closet! Pass along clothes you no longer wear to family, friends or thrift stores. Is there anything you could change up so you could wear it again?

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