

# STOP FOOD WASTE ACTION PROJECT

## A COLLECTIVE ACTION GUIDE

Partner with StopWaste to take collective action and address food waste with your students! This road map offers suggested activities and actions for individuals, families or classrooms to complete. Don't forget to share out your actions to build on our collective storytelling!

### Step 1 Stay Connected

Join our e-news network to receive up to date resources and news.

<http://bit.ly/SchoolsENewsSignUp>

Note that link is case sensitive

### Step 2 Engage in 4Rs Activities

Complete one activity or complete them all. You decide how your students engage with our materials:

Examples of StopWaste's Stop Food Waste Activities recommended by grade level:

#### Tk-3rd Grade

- [Super Reducer Activity Sheet](#)
- [Earth Tip Sheets](#)
- [Video: Is Dinner Hiding in Your Fridge?](#)

#### 4th- 6th Grade

- [Amazing Garbologist Adventure Journal: Stop Food Waste Edition](#)
- [Video: Is Food Going to Waste in Your Fridge?](#)

#### Middle-High School

- [We are the \(Re\)Generation Toolkit](#)
- [10 Minute Fridge Reality Check](#)
- [Video: Is Food Going to Waste in Your Fridge?](#)

### Step 3 Take Action!

Facilitate your students to take action to address food waste at home, at school or in their community!

Examples of StopWaste Stop Food Waste Action Projects:

- **[Amazing Garbologist Adventure Journal - Fridge Audit](#)** (pg 10): Tally wasted food items in your fridge and report your findings [here](#).
- **[10-Minute Fridge Reality Check](#)**: Assess food waste at home and make a plan to reduce less. Share your findings [here](#).
- Explore [food saving tip videos](#) and adopt [food saving best practices](#)
- Learn about [food and climate change](#)

### Step 4 Share Your Actions

Share with us how you took action to create a healthier planet. StopWaste will compile all community actions to showcase our collective impact.

Examples of ways to report back:

- **[Mission Report Back Letters](#)**: Students author letters to share how they took action
- **[Teacher/Parent Report Back](#)**: Teachers share how they used the 4Rs Activities to take action
- **[Get Creative!](#)**: Students or classes create an art piece, presentation etc. to share your actions

### Step 5 Celebrate your Success

Now that you've taken action, join the League of 4Rs Action Heroes and celebrate!

Examples of StopWaste Activities to Celebrate:

- **[Create Your Own Action Hero Identity](#)**
- **[4Rs Celebration Gallery](#)**: Publish your story on our action slide show
- **[May the 4Rs Be With You Contest](#)**: Enter your actions in our contest and win prizes