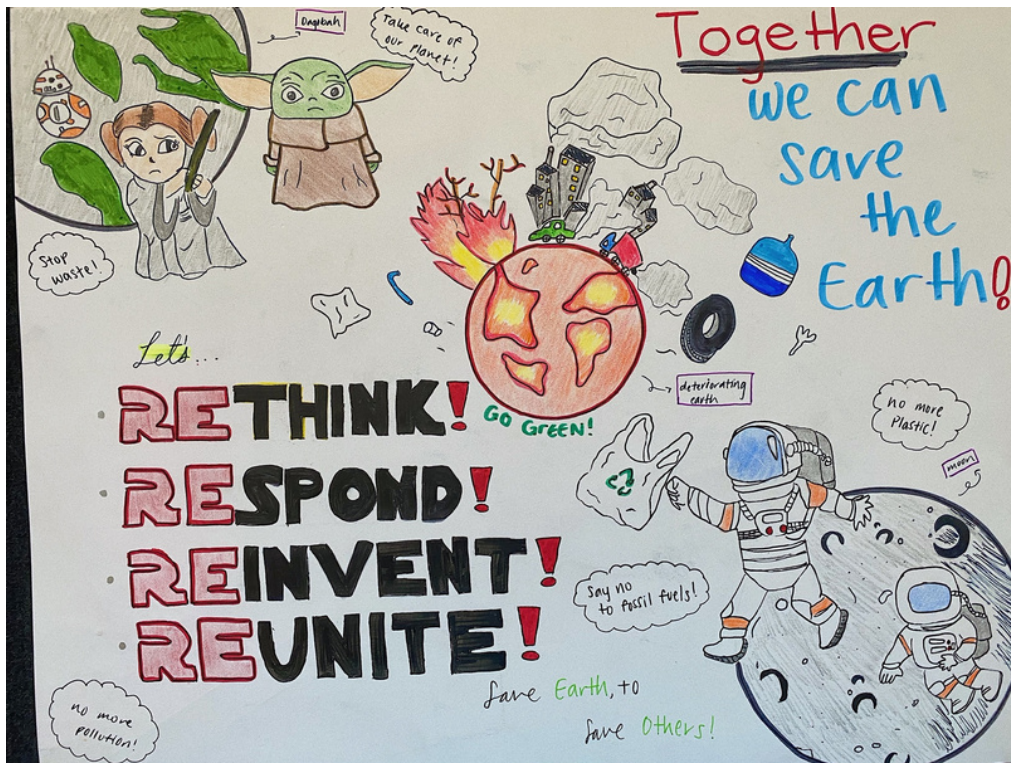


STOPWASTE

ANGELINE Y., ALAMEDA

May the 4Rs Be With You Contest 2021

My 4Rs: Rethink, Respond, Reinvent, Reunite



My (Re)Generation Action Story:

My 4R's are rethink, respond, reinvent, and reunite. I chose these 4R's because these words represent how each individual is able to do their part in our planet to gradually piece our earth back together. The first step in promoting change is to rethink what you do and use in your daily routine. I don't think we are aware of how much plastic we use without realizing. Cafeterias provide plastic utensils and the majority of our grocery stores individually wrap their products in plastic packaging. Yes; plastic is very convenient however, rethinking our decisions and swapping those one-time use materials will create a more sustainable environment.

Angeline's Story Continued:

Secondly, I chose the word respond because soon after you have upgraded your mindset to be more mindful, there should be an action taken upon that. How about changing to reusable items, reducing less red meat in your diet, walking to school, turning the lights off when they're not in use. There are endless measures that we can take and once each person does, we will have successfully reinvented our earth.

Finally, we should understand just how much one individual makes a difference. One influence can change thousands of people's minds and with that we can reunite to make our planet healthy for our communities and for all the living organisms on our earth. I am part of the regeneration because I do my best to prevent waste. I have a habit of having to finish every last bit of food that I am given regardless of the amount. I'll save portions for it in the future if it's too much and I always make sure that I turn off my lights when I am not present in the room.

Furthermore, instead of having my parents drive me to places that are nearby, I choose to take the bus or simply walk. Also throughout our shelter-in-place, we have been indoors for so long; however, my family has found ways to make it enjoyable for us without relying on the internet and playing video games all day. We have game nights where we play a list of board games, try new food recipes, paint, and etc.

My drawing represents our deteriorating earth from all aspects. In the top left corner I wanted to include characters from Star Wars to show that even though they are fictional from their planet (Dagobah) they can see just how ruined our planet is. There is garbage floating in our atmosphere and unhealthy smoke surrounding our airspace. On the bottom right corner shows two astronauts who have landed on the moon to get a glimpse of our homes from an exterior view. I wanted to interpret how our world would look if we didn't take on these necessary actions and how it could affect us all.