

FELICIA G., FREMONT

MAY THE 4RS BE WITH YOU CONTEST 2022

My 4Rs: Reuse, Repack, Regrow, Recompose, Repurpose, ReDo It



Watch Felicia and her family's video:

<https://youtu.be/yM1HS-eFlil>

My (Re)Generation Action Story

In part to reduce waste, my family and I try to use any Reusable items, like for grocery shopping, containers/ lunch boxes to pack lunch & snacks, bottle water. We try to buy some certain items in family size, then Repack them into small reusable containers, so that we can reduce some plastic or small food packages. We also Regrow some vegetables, usually green onions and Recompose some food scraps because it can be useful and good for organic compose. Lastly, we like to Repurpose glass jars for our homemade spices, jams, syrup, even for a flower vase, to give extra life instead throwing it to the garbage.