

STOPWASTE

KRISH G., FREMONT

May the 4Rs Be With You Contest 2021

My 4Rs: Reuse, Reduce, Recycle, Refuse



My (Re)Generation Action Story:

My 4R's are Reuse, Reduce, Recycle, and Refuse. I chose reuse because me and my family reuse lots of things and we would want to convey this to other people. We use lots of reusable things like utensils, boxes, bottles, cans instead of plastic ones. It has two benefits: it reduces the landfills and also limits the usage of resources.

Story continued on next page

Krish's Story Continued:

My first R is Reuse. Recently, my family needed a watering can. I made a gallon size watering can by using the milk can. Reuse was so easy that I just needed to make the holes on the cap and fill the can with water instead of my parents' trip to the store. I have been seeing my mom reusing a pasta sauce bottle to refill pickles and homemade sauces. If I have anything from my older brother in a good condition, I like to use it instead of getting a new one.

My other R is reduce. I am very mindful about energy usage. I always keep the light off during the daytime. I would also use steel water bottles to school and in my classes instead of plastic ones.

My other R is recycled. I chose to recycle because we always put the right things in the right bin. I sort it in the right bin like food scraps in the green bin, broken bulbs in the black bin, the paper in the blue bin. If I have a plastic bag I also never throw it outside and I recycle it away. I think this is a good idea because there is less littering.

My last R is to refuse. I choose to refuse access buying because sometimes I'm about to get a similar kind of gift I already have. I refuse my parents to buy it. So if we shop a little we have everything useful.