

# STOPWASTE

May the 4Rs Be With You Contest 2024

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### My 4Rs: Reduce, Reuse, Recycle, and Repurpose



### My (Re)Generation Action Story:

Regeneration is the restoration, renewal, and regrowth of our environment. My journey to regeneration begins with rethinking my usage and transitioning towards a greener way of life. Reduce, Reuse, Recycle, and Rot remind me of the importance of reducing waste in everyday lives, conserving resources, and protecting our environment.

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If we can rethink the way we utilize household items. It reduces the waste we produce. At least 1 billion trees worth of paper are thrown away every year in the U.S. Among all the Rs, I am most passionate about the Reuse. I have created this wall art with unused and reused items. This hobby project didn't cost any money and produced a beautiful art work to inspire many. I am also so proud as I reused art papers and art framing to create a brand new art piece. With a little creativity, this art piece is decorating my Mom's office. I carefully chose the design to show the regeneration theme. Bi-cycle in my design to show green energy source which leaves no carbon prints behind. Flowers show the re-growth, regeneration, and beauty around minimalistic life. By re-using paper and frame, I limited waste and helped the environment at the same time. Although this is a small piece in the millions of tons and paper waste products that crowd landfills, it is still a step in the right direction for our (re)generation.

From my childhood I have always been inspired by the resourcefulness of the people. Reusing things in order to reduce the environment usage is so common in many Asian and Pacific countries. I firmly believe that if people are able to change their mindset of how everyday objects can be reused it will reduce the overall waste and improve our environment. A change like this would have an impact on multiple generations.