My 4Rs are re-examine, recreate, responsibility, and reconnect. First of all, I chose to reexamine as my first R to demonstrate how I am part of the Regeneration. The reason why I chose to reexamine is that we all need to learn about what is happening to our planet and researching what we can do to help the only place we can live on. We all need to be aware of what is happening, the good and the bad. In other words, we need to be educated on the problems we are encountering and to find all the different ways we all can do to help our environment and make it a better place for everyone to live in. No one wants to live in a place where there is trash everywhere or having to breathe bad air that isn’t good for our health.
Sophia's Story Continued:

Secondly, I have chosen to recreate because we can make something new from what we already have at home. Not only can we save money by using the old stuff we have, but also we can have something new without having to spend a single penny. Especially, at my home, we have a lot of things, and doing so will help my family reduce the objects that we have by not buying more things.

Another R of mine is responsibility. I chose responsibility as my third R because I have control of what I can do to make Earth a better place to live. I am responsible for my own actions and to decide what is best for the Earth. I need to be aware of what I am doing and doing the right thing, such as putting my trash in the correct bin and not on the streets. Or planting trees and other plants so that we can have better air to breathe. It all starts with me so that we can save planet Earth. No matter if I am taking small steps each day; all the small steps will make a big difference in the future.

Finally, I chose to reconnect as my fourth R. I choose to reconnect because it is a way for me to reach out to people and let them know how to help. Not only does it make a difference for Earth but it also makes me feel good and happy that I am able to teach someone how to change the world for the better. I may not know what people are going to do, but just talking to others can help them keep in mind what they can do to help.

Narrative of my artwork: In my artwork, I drew R2D2 asking BB-8 on how to help Earth. I have also drawn BB-8 with a speech bubble regarding the different ways that all of the people can do to change or clean our environment. And the 4Rs I have incorporated in my drawing can show how everyone (from little kids, to teens, and adults) can create a nice environment for one another.