Stop Food Waste Action Project

Reuse Leftovers Challenge

Take the Stop Food Waste Leftovers Challenge and use ingredients you may already have in new and creative dishes. Using the food you already have helps us learn new ways of preparing meals and saves food from being thrown away.

What delicious leftover dishes will you create?

Find Leftovers or Food that’s About to Spoil in your Fridge or Pantry

Create your New Dish and Enjoy!

Use the Leftovers Cookbook to write down the steps to your recipe

Share Your Recipe & Photos
Email your favorite recipes and photos to Schools@StopWaste.org!

Resources, recipes, tips and more can be found at www.StopFoodWaste.org
LEFTOVERS CHALLENGE
CHEF REFLECTIONS

How does using our leftovers help reduce food waste?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

What was the most challenging thing about doing the leftovers challenge?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

What did you enjoy the most about doing the leftovers challenge?
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
TABLE OF CONTENTS

1............................................................ Pizza My Heel
2.................................................... Taco Mac N' Cheese
3....................................................
4....................................................
5....................................................
6.................................................... Chef Reflections

ABOUT THE CHEF

Name: ________________________________
Age: ________________________________
Favorite Food: ______________________

Do you like to cook? Why or why not?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

PIZZA MY HEEL

Ingredients:
- Leftover bread heels (the ends of sliced bread)
- Shredded Cheese
- Leftover pasta or tomato sauce
- Toppings (optional)

Serving Size: __1 person per slice__________________________
Cooking Time: __10 minutes_____________________________

Directions:
1. Pre-toast heel slices in toaster or toaster oven to prevent sogginess
2. Spread pasta or tomato sauce on the bread evenly, heel side down
3. Sprinkle cheese evenly on top of the sauce. Add toppings (optional).
4. Toast pizza in toaster oven or regular oven for 5 minutes.
TACO MAC N' CHEESE

Ingredients:
- Leftover taco meat
- Leftover mac n' cheese
- Chip crumbs
- Sour cream or salsa (optional)

Serving Size: 1-2 people depending on the amount of leftovers
Cooking Time: 2 minutes

Directions:
1. Mix macaroni and taco meat
2. Microwave until warm
3. Add a dollop of sour cream and/or salsa on top if desired

Directions:

Ingredients:

Serving Size:

Cooking Time:

Draw Your Dish
Ingredients:

Directions:

Serving Size: ________________________________

Cooking Time: ______________________________

Directions:

Serving Size: ________________________________

Cooking Time: ______________________________

Directions: