

STOPWASTE

May the 4Rs Be With You Contest 2024

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My 4Rs: Reduce, Reuse, Recycle, and Rot



Watch Krish's full video online here –

https://youtu.be/JtLpf_Q7dYM

My (Re)Generation Action Story:

A tiny animal Hydra can form two whole bodies after being cut in half. However, complex animals like humans have limited regenerative abilities. But, we can create regeneration through our actions for our environment. We - the new generation have the responsibility of regeneration.

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Regeneration is the restoration, renewal, and regrowth of our environment.

My journey to regeneration begins with rethinking my usage and transitioning towards a greener way of life. Reduce, Reuse, Recycle, and Rot remind me of the importance of reducing waste in everyday lives, conserving resources, and protecting our environment. My first R is Reduce. Reducing consumption leads to the sensible use of environmental sources and embracing a minimalistic life. Reducing is the most important because if we aren't using, we don't have to worry about recycling, reusing, and rot. I practice this every day by choosing shorter showers. The second most important R for me is Reuse. Reuse is a creative use of most of your possessions. I reuse my brother's toys and clothes. The next important R for me is Recycle. Recycling is important to turn waste materials into valuable resources, away from pollution. The last important R for me is Rot. Rot is all about turning food scraps into compost to help plants instead of adding them to landfills and harming them.

4Rs are not just a set of principles; it's a lifestyle that involves the whole community. I will encourage my whole community to do their part through my poems. Sometimes, it's the little things that count the most. If each of us do our