

# HOW ARE THE 4RS ACTION HEROES PART OF THE (RE)GENERATION

## How do they reimagine a waste-free world?

Are you ready to join the League of 4Rs Action Heroes and take action to reduce waste and fight climate change? Meet the founding members of the League below and come up with your own action hero identity! .....



Super Reducer & Pingzi

**Super Reducer** and their sidekick, **Pingzi**, stop waste by **reimagining** how we **recreate** a world with no waste. They use their STEAM skills to **redesign** products to make sure waste isn't created in the first place.

How do you take action to **reduce** waste and **reimagine** or **redesign** a healthier world for all?

---

---

---

**Professor Reuse** and **Alba the Albatross** stop waste by **reusing** and **repurposing** old things in new and creative ways. One action they take is to repurpose flimsy plastic bags into plarn (plastic yarn) and weave beautiful bags and artwork.

How do you take action to **rethink**, **recreate** and **reuse** items you might typically throw away?

---

---

---



Professor Reuse & Alba



The Recycler & We-Can

**The Recycler** and their sidekick, **We-Can**, stop waste by **remaking** old products into new things. **Recycling** paper saves trees from being cut down. By **rethinking** before we toss, we make sure nature's gifts, like trees, are not wasted.

How do you take care of nature's gifts by **recovering**, **remaking**, or **recycling** useful materials?

---

---

---

**Rot Girl** and **Wiggle E. Worm** **reeducate** their community about ways to **reduce** food waste. They **reinforce** that only things that were once alive go in the green bin so we can keep compost clean from things like plastic.

How do you take action to **reduce** food waste or **reeducate** your community about sorting properly?

---

---

---



Rot Girl & Wiggle E. Worm



NOW THAT YOU'VE MET THE 4RS LEAGUE OF ACTION HEROES,

## WHAT ARE YOUR 4RS?

### What is your 4Rs Action Hero Identity?

#### 4Rs Word Bank

- Reimagine
- Recreate
- Redesign
- Reduce
- Reuse
- Repurpose
- Rethink
- Recycle
- Remake
- Recover
- Reeducate
- Reinforce

Use the **4Rs word bank** or come up with your own "4Rs" that tell how you take action to stop waste and create a healthier world for all.

My 4Rs are... R \_\_\_\_\_ , R \_\_\_\_\_ ,  
R \_\_\_\_\_ and R \_\_\_\_\_ .

How do you use your 4Rs to take action to stop waste?

---



---



---



---



---



---



Draw yourself as your 4Rs action hero!

Share your 4Rs action story with StopWaste!

Use your creativity and share the story of your 4Rs as part of StopWaste's May the 4Rs Be With You Art & Media Contest!

Submit your artwork and your could win prizes!

Learn more at  
[www.StopWaste.org/4Rs](http://www.StopWaste.org/4Rs)  
Contest

