

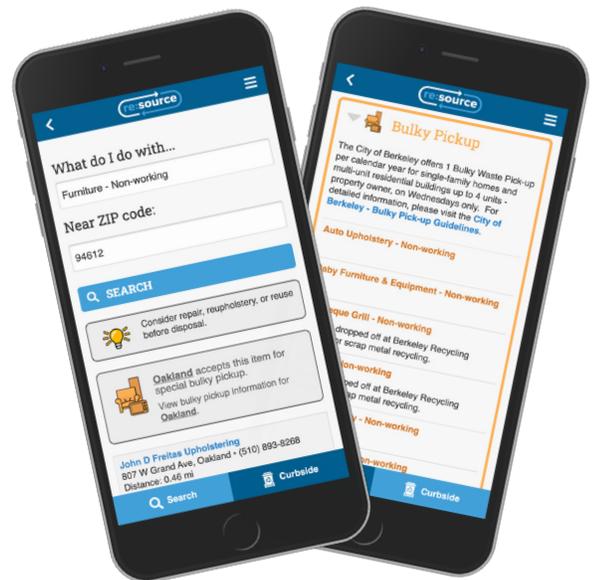
## Bulky Items Disposal

Large items like mattresses, furniture, and appliances can be a challenge to dispose at the end of their useful life. Fortunately, all residents in single-family homes in Alameda County have at least one curbside bulky waste pickup available annually, as part of their normal waste collection services. Many cities offer additional free or fee-based pick-ups as well. In cities that offer bulky pickup services to multifamily residents, arrangements are usually made through the landlord or property manager.

Materials that are part of bulky waste curbside pickups are processed for composting, recycling, landfilling, or other safe disposal, but for the highest and best use, consider repairing, refurbishing, donating, or finding a creative reuse for materials before having them hauled away. Local online groups like [Craigslist](#), [FreeCycle](#), [NextDoor](#), [Buy Nothing Groups](#), and Facebook Marketplace, are great ways to find people with skills and time to breathe new life into your unwanted objects.

Residents doing DIY home renovations that generate discarded materials like dry wall, roofing, insulation, etc., should contact their waste hauler for construction and demolition (C&D) debris box service, since these are often not accepted as part of the standard bulky pickup service. Businesses can also contact their hauler for other disposal options, such as temporary debris boxes.

Since the details for bulky pickup service vary from provider to provider, it's important to check the rules where you live. The [RE:Source Guide](#) can help you determine whether an item is accepted for bulky and/or C&D debris box service, and provide a link for additional details for your area.



The RE:Source app and website provides information about your bulky pickup service, as well as options for reuse, repair, recycling, and safe disposal near you.



Visit: [RESource.StopWaste.org/curbside](https://RESource.StopWaste.org/curbside)  
to see your bulky pickup options.